



# GYMNASTICS NOVA SCOTIA

5516 Spring Garden Road, Halifax, NS B3J 1G6  
Tel: (902)425-5450, ext. 338, fax: (902)425-5606  
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Web page: www.gymns.ca

## NCCP Foundations

**Theory Course**  
**August 14, 2010**  
**Sport Nova Scotia**  
**2<sup>nd</sup> floor classroom**

**Artistic Discipline**  
**August 15, 2010**  
**Titans Gymnastics &**  
**Trampoline Club**

The new NCCP Foundation Program focuses on developing coaches through a Technical, Theory and Discipline specific curriculum. After completing the Foundations Introduction Course, coaches are able to register for the second weekend to do the Theory and Discipline training. After taking these courses (Foundations INTRO, Foundations THEORY and Foundations Specific DISCIPLINE), **coaches will be considered TRAINED** in their specific discipline but will still have to be **EVALUATED** in order to become **CERTIFIED** in NCCP Foundations for their specific discipline.

**PLEASE NOTE:** **Coaches that are TRAINED in their specific discipline must still be indirectly supervised by a Level 1 Certified (Minimum) Coach, until they become CERTIFIED in NCCP Foundations.**

**Course Conductors:** Sherrie Cragg

**Course Duration:** Theory - 8 hrs  
Discipline – 8 hrs

### **Requirements:**

Please note that only the following may register for these courses:

- Coaches who already took the Foundations Intro course **AND** submitted their Workbook to GNS are able to register for both the Theory AND Discipline portion of this course.
- Coaches who have the old NCCP Level 1 Technical Artistic or NCCP Level 1 Trampoline who have not completed Level 1 Theory or Part A Theory are able to register for this one day Theory Course (August 15<sup>th</sup> only) as opposed to doing Part A Theory.
- All participants must be sixteen (16) years of age

### **Dates/Times**

**Aug 14, 2010** 8:30am – 12:30pm & 1:30pm – 5:30pm\*

### **Location:**

**Sport Nova Scotia,**  
**5516 Spring Garden Rd, 2<sup>nd</sup> Fl Classroom**

**Aug 15, 2010** 8:30am – 12:30pm & 1:30pm – 5:30pm\*

**Titans Gymnastics & Trampoline Club**  
**40 Broom Rd, Dartmouth, NS**

\*Times may change slightly

### **Costs:**

**Foundations Theory:** \$70.00 per GNS member & \$95.00 per non-member  
**Foundations Discipline Artistic:** \$80.00 per GNS member & \$105.00 per non-member

**Course fees are to be made payable to Gymnastics Nova Scotia and must accompany your registration form. This information must be RECEIVED in the GNS office by Thursday, August 5<sup>th</sup>, 2010 after which a \$25 late fee will apply.** Only those who have prepaid to the GNS office will be permitted to take the course. If there are insufficient numbers registered by **August 5<sup>th</sup>**, the course may be canceled and you will receive a full refund. **If registrants cancel before the registration deadline date (August 5<sup>th</sup>), a \$25 administrative fee will be charged and the remainder of the course fee will be refunded. If registrants cancel after the deadline date, they will not receive a refund.**

## NCCP Foundations Registration Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax#: \_\_\_\_\_ DOB \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
day / month / year

Club: \_\_\_\_\_ GCG #: \_\_\_\_\_

Registering for:

- NCCP Foundations Theory Only** – must have Old Level 1 Technical Artistic or Old Level 1 Technical Trampoline **OR** have completed NCCP Foundations Intro (Cost: \$70 GNS Members)
- NCCP Foundations Artistic Discipline Only** – must have already completed NCCP Foundations Introduction Course and NCCP Foundations Theory (Cost: \$80 GNS Members)
- NCCP Foundations Theory & Artistic Discipline** – must have already completed NCCP Foundations Introduction Course (Cost: \$150 GNS Members)

Date NCCP Foundations Intro Course Completed: \_\_\_\_\_

NCCP CC# (if you have one): \_\_\_\_\_

**Application Deadline: Thursday, August 5<sup>th</sup>, 2010\*\***

**A \$25.00 late fee will be charged after this date**

**GNS members are eligible to receive a \$75 rebate once they become trained in Foundations.**

**Please return completed form and payment to:**

Gymnastics Nova Scotia  
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